



SRINIVAS UNIVERSITY

Srinivas Nagar, Mukka– 574 146, Mangalore.

(Private University Established by Karnataka Govt. ACT No.42 of 2013, Recognized by UGC, New Delhi, & Member of Association of Indian Universities, New Delhi)

3.6.2.1 Number of extension and outreach programs conducted by the institution through NSS/NCC

Detailed list and report for each extension and outreach program to be made available, with specific mention of number of students participated and the details of the collaborating agency Government and Government recognized bodies for the Year 2018-19.

Activity List of 2018-19 is listed in Page No. **3**

Name of the activity	Organizing unit/ Forum/ collaborating agency	Date of the activity DD-MM-YYYY	Number of students participated in such activities	Page No.
Special Lecture on Cyber Security	NSS UNIT	08-04-2019	40	5
Independence Celebration	NSS UNIT	15-08-2018	100	5
Role Play on 'Suicide Prevention'	NSS UNIT	15-04-2019	25	6
Swami Vivekananda Ratha Yathra	NSS UNIT	19-04-2019	45	7
Poster making competition for school children on Say no to plastic and save water	NSS UNIT	05-04-2019	33	7
The Art Reach Programme	NSS UNIT	10-08-2018	23	8
Mental Health Day Celebration	NSS UNIT	21-11-2018	25	9
New year celebration in Ashram	NSS UNIT	14-11-2018	18	10
Campus cleaning drive	NSS UNIT	02-02-2019	53	11
Special Health Awareness Programme for Women	NSS UNIT	19-09-2018	35	11
Dental Camp	NSS UNIT	12-07-2018	40	12
Swacha Mangalore Cleanliness Drive	NSS UNIT	02-10-2018	35	13
Legal Awareness Programme at Bolar	NSS UNIT	12-08-2018	30	14
Formation of Human Chain for Educating Voters	NSS UNIT	07-04-2019	87	15
Career Development Programme at Shikaripura	NSS UNIT	30-03-2019	57	16
Our campus our Pride	NSS UNIT	28-12-2018	40	17
Awareness program for Self help groups SHG	NSS UNIT	01-03-2019	45	18
Shramadhan Programme by MSW Dept in Parapade Community	NSS UNIT	16-11-2018	53	19
Child & Parents health awareness program	NSS UNIT	14-11-2018	50	20
Awareness on importance of education-by-Education dept in the different areas where they are going for internship	NSS UNIT	07-10-2018	20	21



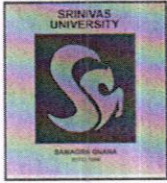
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Campus cleaning drive by MSW Students	NSS UNIT	23-11-2018	25	22
Home Baking workshop for ladies by college of hotel management and tourism	NSS UNIT	20-05-2019	30	23
computer Literacy programme for Higher primary government school children by computer department	NSS UNIT	10-05-2019	20	24
Blood Donation camp	NSS UNIT	10-07-2018	25	25
Vanamahotsava programme by students	NSS UNIT	29-06-2019	24	26
Career Guidance for High School Students	NSS UNIT	15-07-2018	30	27
Awareness on Road safety	NSS UNIT	28-11-2018	15	28
Lifekill and Road safety	NSS UNIT	29-11-2018	25	29
Digital Literacy for Women	NSS UNIT	18-11-2018	30	30
“Be Cyber Safe n Cyber Security Awareness	NSS UNIT	01-05-2019	20	31
Session on Technological advantages for High school students	NSS UNIT	08-10-2018	25	32
Investor Awareness programme in the programme in the community	NSS UNIT	09-10-2018	31	32
Cancer Awareness and Check-up camps	NSS UNIT	10-10-2018	23	33
Dental Camp	NSS UNIT	04-04-2019	30	34
Rally organised by the Child Help Line	NSS	17-05-2019	20	35
Community Outreach Programme	NSS	04-09-2020	50	36
Awareness on Child Rights	NSS UNIT	22-04-2019	78	37

Registered Office : Srinivas Campus, Srinivas Nagar, Mukka, Surathkal, MANGALURU - 574 146
Karnataka State, INDIA. Website: www.srinivasuniversity.edu.in, Email: info@srinivasuniversity.edu.in



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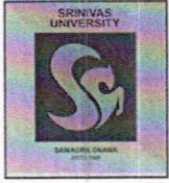
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Awareness on Child Rights	NSS UNIT	22-04-2019	78

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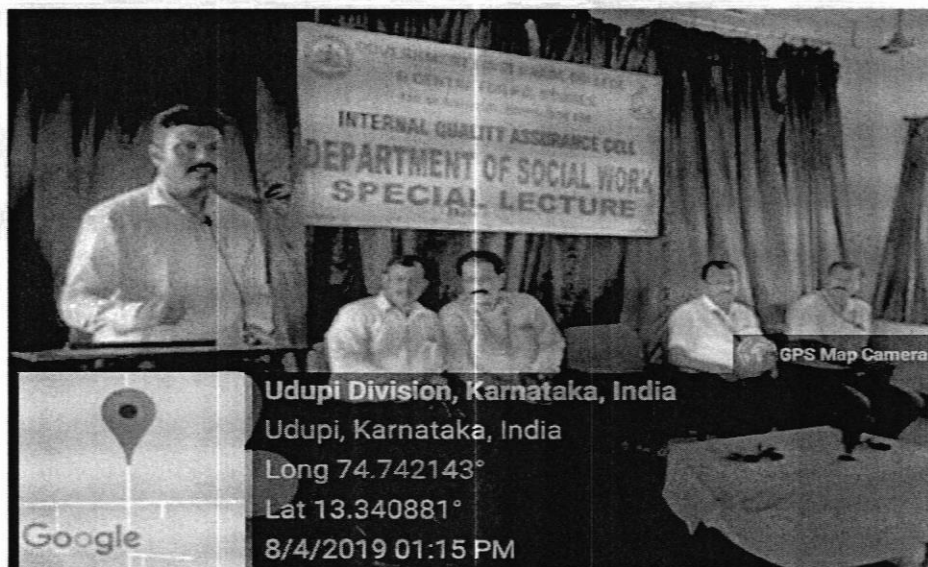
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3.6.2 Number of extension and outreach programs conducted in collaboration with industry, community and Non- Government Organisations through NSS/NCC/Red Cross/YRC etc., during the last five years

REPORT WITH PHOTOS 2018-2019

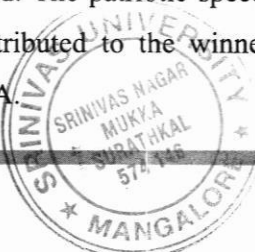
1) SPECIAL LECTURE ON CYBER SECURITY

Mr. Pradeep M.D., Assistant Professor, College of Social Sciences & Humanities, NSS Srinivas University has delivered a special lecture on 'Cyber Crime and Cyber Security' at Government First Grade College, Thenkanidiyur, Udupi on 8th April 2019. Around 40 students of social work and sociology departments attended the programme. The programme is presided by the Principal, HOD, IQAC Chairmen of the Institute and was an NSS Initiative



2) Independence Day Celebration

MSW department, NSS and Srinivas Institute of Rural reconstruction Agency (SIRRA) organized Independence Day 15-08-2018 celebration at Padav Residential School for SC/ST. This school consists of 100 students especially from disadvantage sections of the society studying in I to VII standard. The patriotic speeches, cultural programmes and games were organized. Prizes were distributed to the winners. All students received sweets and ice-creams sponsored by SIRRA.



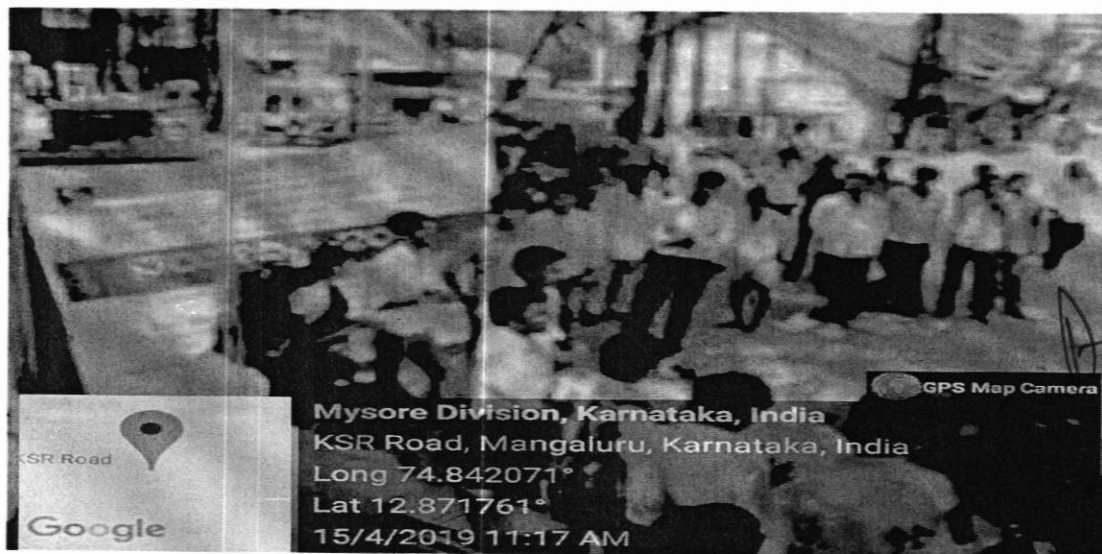
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3) Role Play on 'Suicide Prevention'

MSW students gave the Awareness on suicide prevention in different places through street play it was a series of presentation with NSS Collaboration . In different communities from April 1st to April 15th 2019. The number of students was 25.



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4) Swami Vivekananda Ratha Yathra 19-04-2019 45 students

"Swami Vivekananda Ratha Yathra" took place on April 19, 2019, where 45 students were involved. This event possibly involved a procession or a journey (Yathra) to commemorate Swami Vivekananda, the renowned Indian spiritual leader, and philosopher. The involvement of 45 students suggests that it has been an educational initiative or a program organized by the educational institution.



5) Poster making competition for school children on Say no to plastic and save water

5-04-2019 33 students

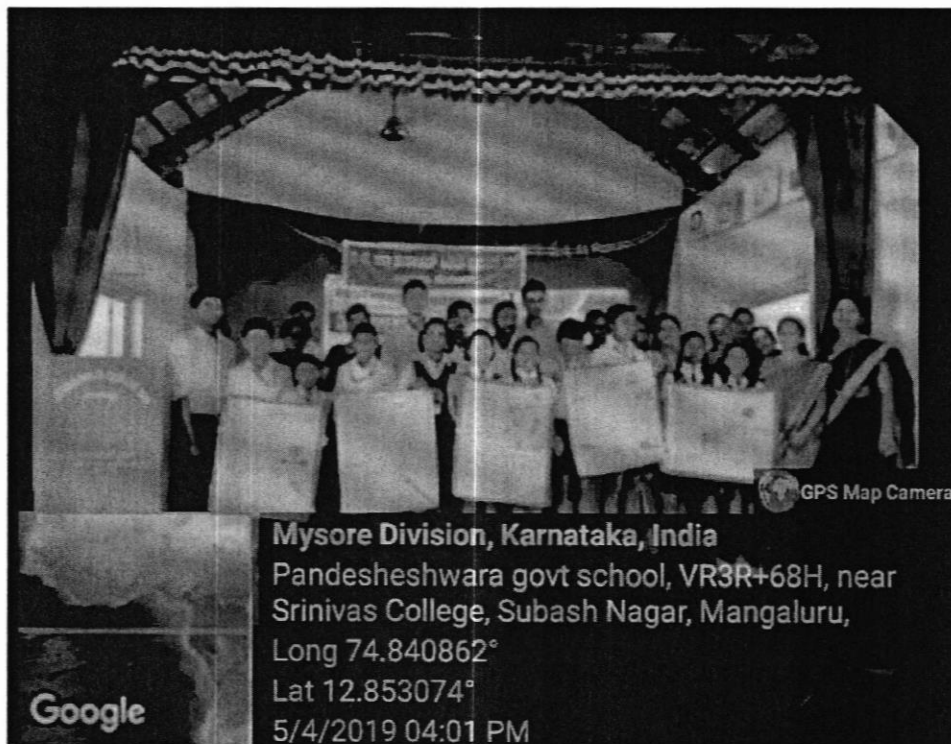
The poster-making competition for school children proved to be a resounding success, providing a platform for young minds to express themselves artistically and creatively. It fostered a sense of camaraderie, healthy competition, and awareness on important societal issues among participants. Highlights of the Event:

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Registration and Setup: The event commenced with the registration of participants, followed by the setup of art supplies and materials.

Poster Creation: Participants were given a specific time frame to create their posters, during which they unleashed their creativity and imagination.

Prize Distribution: Winners were announced and awarded prizes to acknowledge their exceptional talent and efforts.



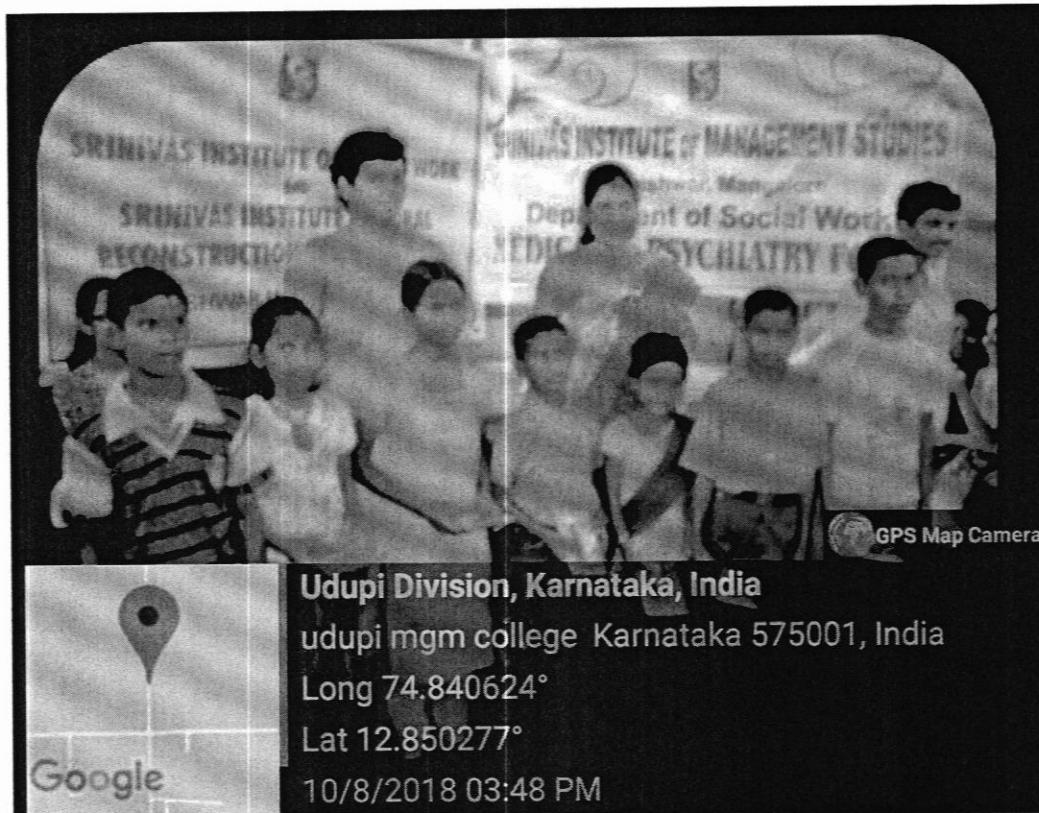
6) Report on the Art Reach Programme 10/08/2018 23 Students Participated

Objective:

The Art Reach Programme aimed to provide art education, foster creativity, and promote cultural exchange among participants from diverse backgrounds.

The Art Reach Programme served as a catalyst for social change, cultural enrichment, and personal transformation. It provided a platform for individuals to connect, learn, and express themselves through art, fostering a sense of belonging, inclusion, and shared humanity.

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7) **Mental Health Day Celebration** in Srinivas Hospital people from Mukka and Saishithulu and nearby villages participated in the programme 21-11-2018 25 students Participated

Mental Health Day served as a powerful reminder of the importance of prioritizing mental well-being and fostering supportive communities. Through our collective efforts, we aimed to reduce stigma, increase awareness, and promote resilience and self-care practices. As we reflect on this meaningful day, let us continue to prioritize mental health in our personal and professional lives, and work towards creating a more inclusive and compassionate society for all.

Overall, the Mental Health Day celebration was a resounding success, thanks to the dedication and participation of our community members, volunteers, and partners. We look forward to building on this momentum and continuing to advocate for mental health awareness and support throughout the year.

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8) New Year celebration 14-11-2018 day celebrations at residential schools for the disadvantaged sections of the society.18 students Participated

The New Year celebration was a joyous and memorable occasion, filled with moments of reflection, connection, and anticipation for the future. It reinforced the importance of community, tradition, and the human spirit in embracing new beginnings and embracing the possibilities that the New Year brings.

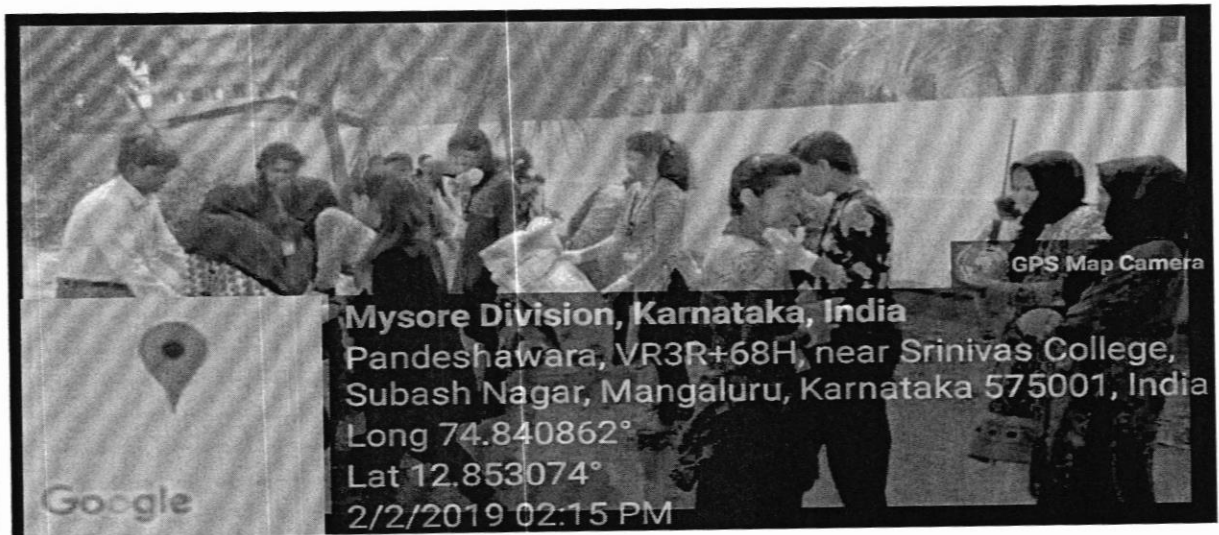


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9) Campus cleaning Drive

'Swatch campus Swatch Bharath' campus cleaning drive was conducted by College of Allied Health Science on 02/02/2019. The program was inaugurated by Dr Sham Kishore K Dean of College of Allied Health Sciences. Students and Staff members participated in the program. 53 students participated



10) Special Health Awareness Programme for Women

Special Health awareness program for women: On 19th September 2018 a village meeting and awareness programme was organized at the panchayat hall, Kilpady Mulki. The special health aspects related to women were addressed during the program.. The Panchayat Development officer, ANM, Anganwadi workers and the women from the community were present. 35 students Participated



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11) Dental Camp 12-07-2018 45 students

Title: Report on Dental Camp

Date: July 12, 2018

The Dental Camp aimed to promote oral health awareness, provide dental screenings, and offer basic dental care services to participants in need.

Participants:

The Dental Camp welcomed individuals of all ages from the community.

A total of 45 students actively participated in the camp, receiving dental screenings and services.



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12) Swach Bharath campus clean drive

In view of Swach Bharath campaign promoted by Government of India, students and staffs of School of Allied Health Sciences participated in Campus Cleaning drive on 2nd October 2018. The drive began at 10:00 Am and went till 12:30 noon. Students were divided into group of four where each group was headed by four faculty members

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13) Legal Awareness Programme at Bolar 12-05-2018 around 30 students

Report on Legal Awareness Programme at Bolar

Date: August 12, 2018

Location: Bolar

The Legal Awareness Programme at Bolar aimed to educate the community about their legal rights, responsibilities, and avenues for seeking justice. It sought to empower individuals with knowledge and resources to navigate the legal system effectively.

The Legal Awareness Programme at Bolar served as a catalyst for promoting legal literacy, empowering individuals, and strengthening community resilience against injustice and exploitation. It underscored the importance of legal awareness as a fundamental tool for promoting social justice, human rights, and the rule of law



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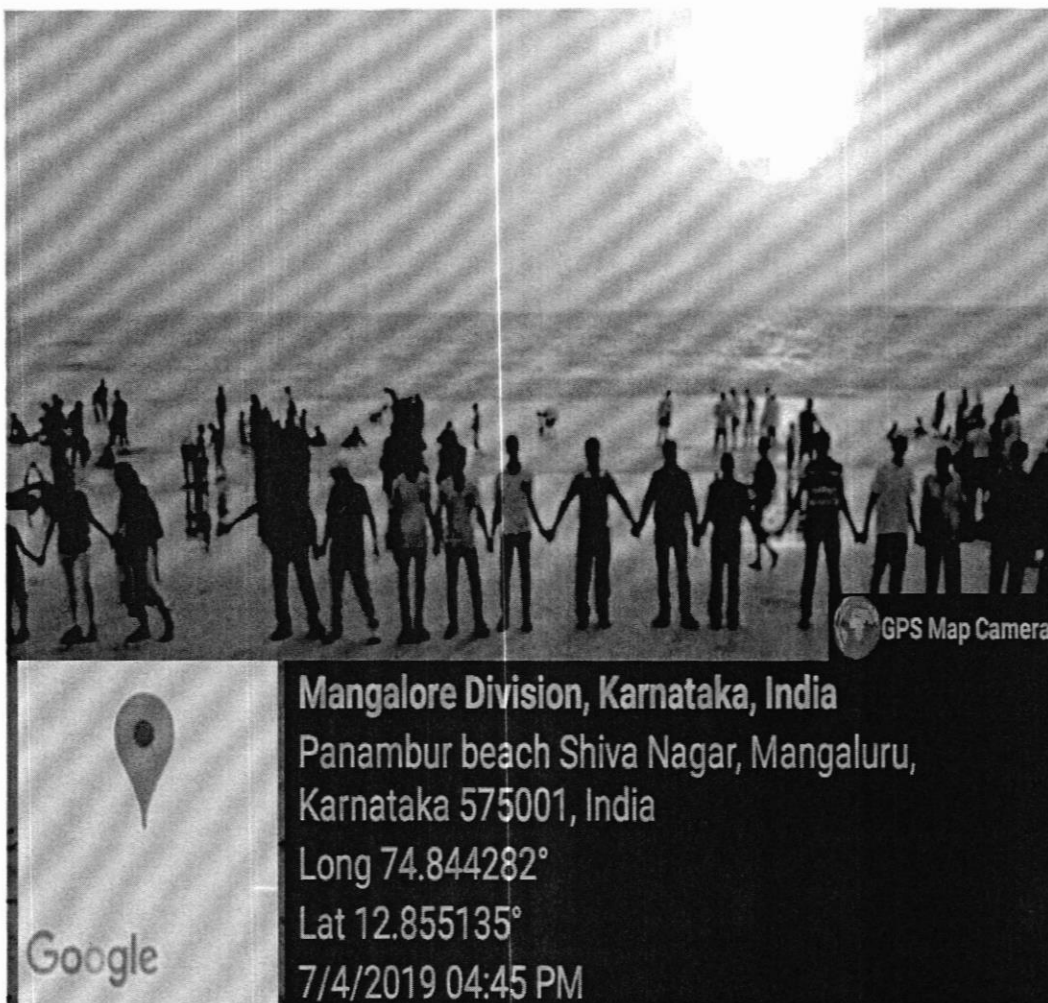
14) FORMATION OF HUMAN CHAIN FOR EDUCATING VOTERS

Srinivas University in collaboration with District Administration, D.K. District & SVEEP Committee, Mangaluru has organised Human Chain from Sasihithlu to Thalapady (40 k.m.) on 7th April, 2019 at 4.30 p.m at Thannirbavi Beach. Students and Staff of Srinivas University participated in the event 87 students


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The staff and students of Allied Health Sciences actively participated to create a longest human chain at Sasihihlu Beach on 2nd October 2019. The programme began at 3:00 pm and continued till 5:30 pm

15) Career Development Programme at Shikaripura

CAREER DEVELOPMENT PROGRAMME AT SHIKARIPURA

Department of Social Work, College of Social Sciences & Humanities, Srinivas University organised Career Development Programme for the B.S.W, B.A, B.Com & B.C.A. Students of Government First Grade College, Shikaripura, Shivamogga District on 30th March, 2019. Mr. Pradeep M.D., Assistant Professor conducted workshop for the students to create

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awareness about the various job opportunities available in the job market. 57 students participated in the programme



16) Our campus our Pride 28-12-2018 40 students participated in it

Clean-Up Day:

Mobilized volunteers from different student clubs, academic departments, and administrative offices to participate in the clean-up activities.

Designated specific areas of the campus for cleaning, including lawns, pathways, parking lots, and recreational areas.

Provided volunteers with gloves, garbage bags, and other necessary cleaning equipment.

Emphasized proper waste segregation and disposal practices during the clean-up process.

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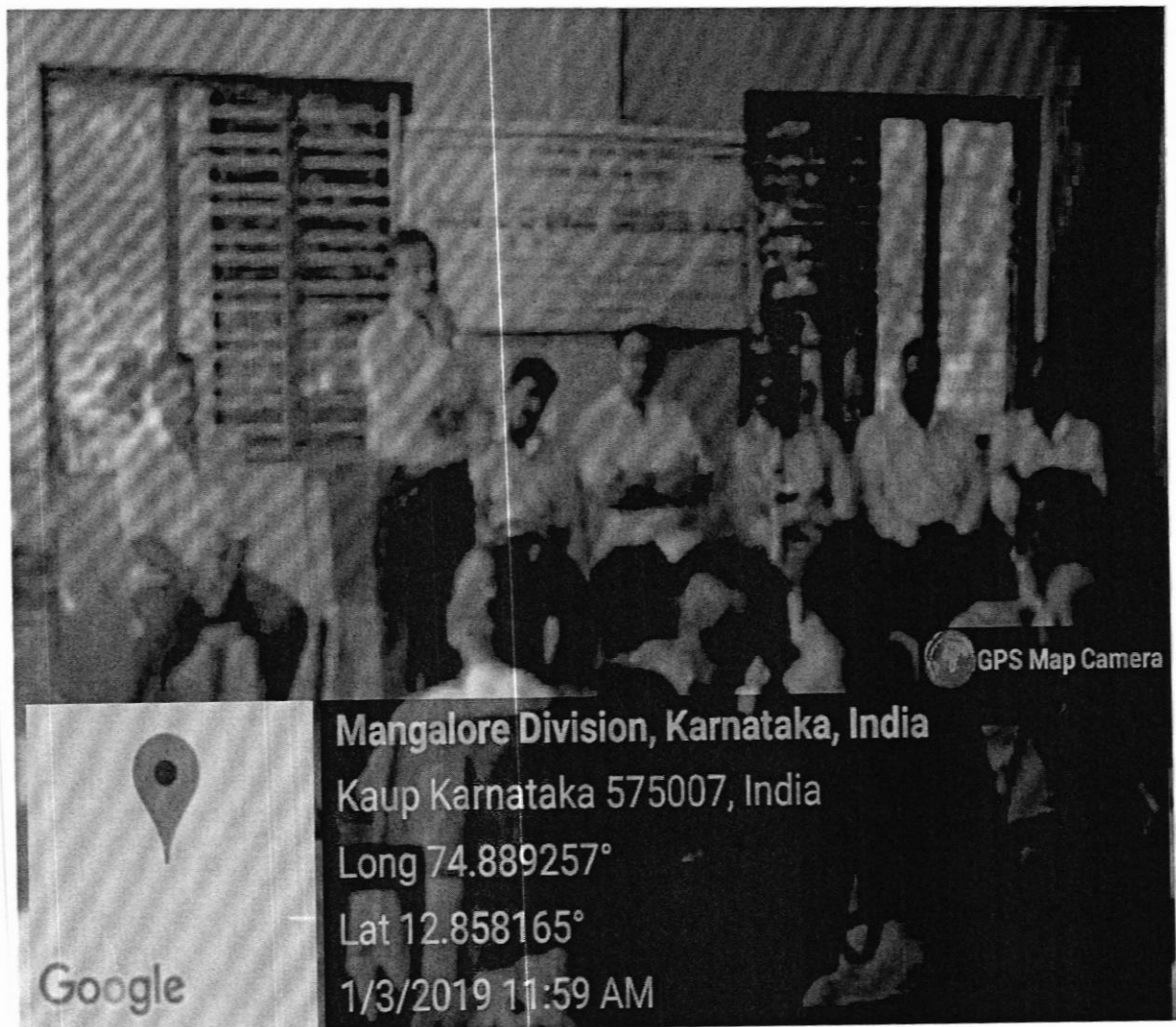
17) Awareness program for Self-help groups SHG 1-3-2019 .45 students participated

Empowering Self-Help Groups: Awareness Program Report

The "Empowering Self-Help Groups" awareness program was conducted with the aim of providing valuable knowledge and resources to self-help groups (SHGs) in our community. The program was organized by Srinivas University in collaboration with NSS and targeted SHG members from various socio-economic backgrounds. The primary objective was to enhance the capacity and skills of SHG members, enabling them to become self-reliant and economically. The "Empowering Self-Help Groups" awareness program has been instrumental in empowering SHG members with the necessary tools and resources to enhance their socio-economic well-being. By promoting self-reliance, gender equality, and community participation, the program has contributed to the overall empowerment and development of marginalized communities. Moving forward, it is imperative to sustain the momentum generated by the program and continue to support the growth and resilience of self-help groups in our community.

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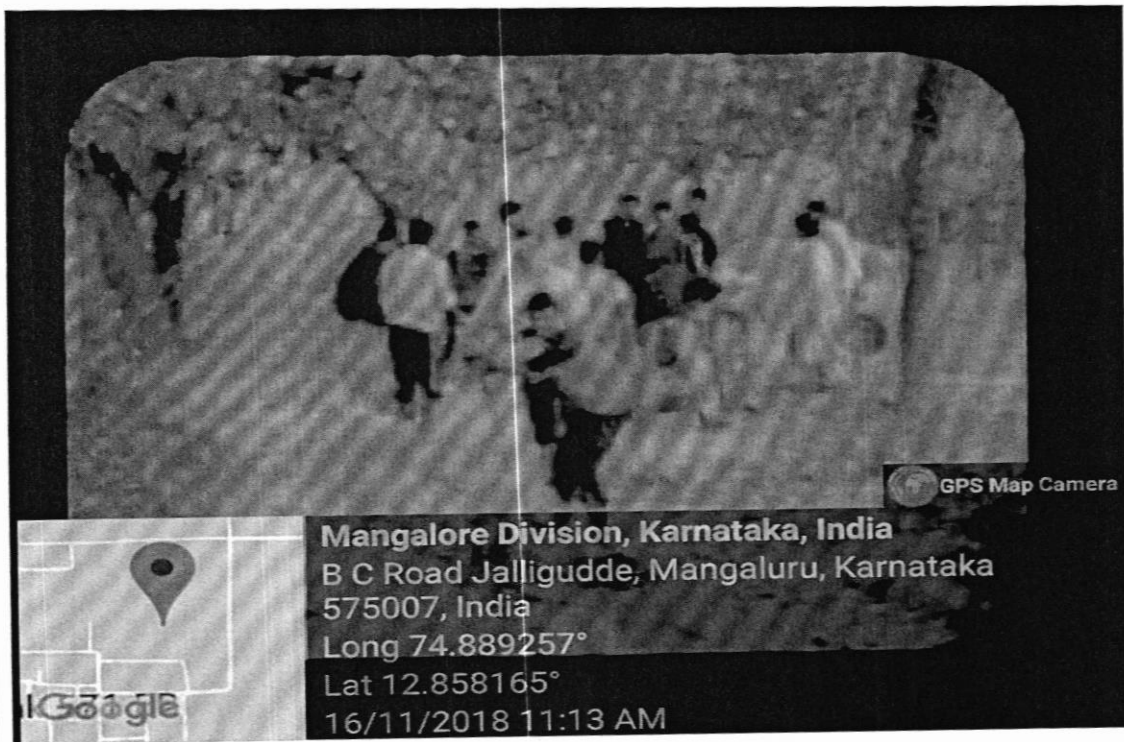


18) Shramadhan Programme by MSW Dept in Parapade Community 16-11-2018 53 students

Shramadhan, also known as Shramdaan, is a term originating from Sanskrit that translates to "voluntary labor" or "donation of effort." It refers to a community-driven initiative where individuals come together to contribute their time, skills, and labor towards a common cause or project without any expectation of monetary compensation.

Overall, Shramadhan programs play a significant role in promoting civic engagement, community development, and social responsibility. By harnessing the power of collective effort and volunteerism, these initiatives empower individuals to become active agents of change in their communities and create a more inclusive and prosperous society.

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19) CHILD AND PARENT HEALTH AWARENESS PROGRAMME 50 students

Srinivas Institute of Rural Reconstruction Agency (SIRRA) in association with Srinivas Hospital and Research Centre, Mukka organised 'Child & Parent Health Awareness Programme at Government Higher Primary School, Sasihithluin celebration of Children's Day on 14th November, 2018. All the students of M.S.W and M.Sc participated in the programme

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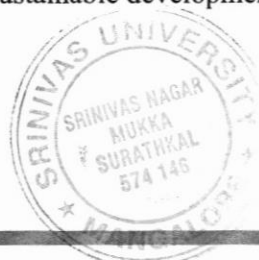
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20) Awareness on importance of education by Education dept in the different areas where they are going for internship 7-10-2018 20 students

The "Promoting the Importance of Education" awareness campaign was organized by Srinivas University with the aim of highlighting the critical role of education in individual empowerment, social progress, and national development. The campaign targeted diverse stakeholders, including students, parents, educators, policymakers, and community leaders, with the objective of fostering a culture of lifelong learning and educational excellence.

The "Promoting the Importance of Education" awareness campaign has served as a catalyst for igniting conversations, mobilizing actions, and driving positive change in the education sector. By fostering a shared understanding of the transformative power of education and galvanizing collective efforts, we are laying the foundation for a more equitable, inclusive, and prosperous society. As we move forward, it is essential to sustain the momentum generated by the campaign and continue to prioritize education as a fundamental human right and key driver of sustainable development



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21) Campus cleaning drive by MSW Students Cleanliness DRIVE

The Students and Staff of the College of Social Sciences and Humanities, Srinivas University has organised 'Cleanliness Drive' at the public road of Pandeshwar on 23rd November, 2018 to create public awareness about keeping the footpath clean. Students and Staff participated in the Programme. 25 STUDENTS



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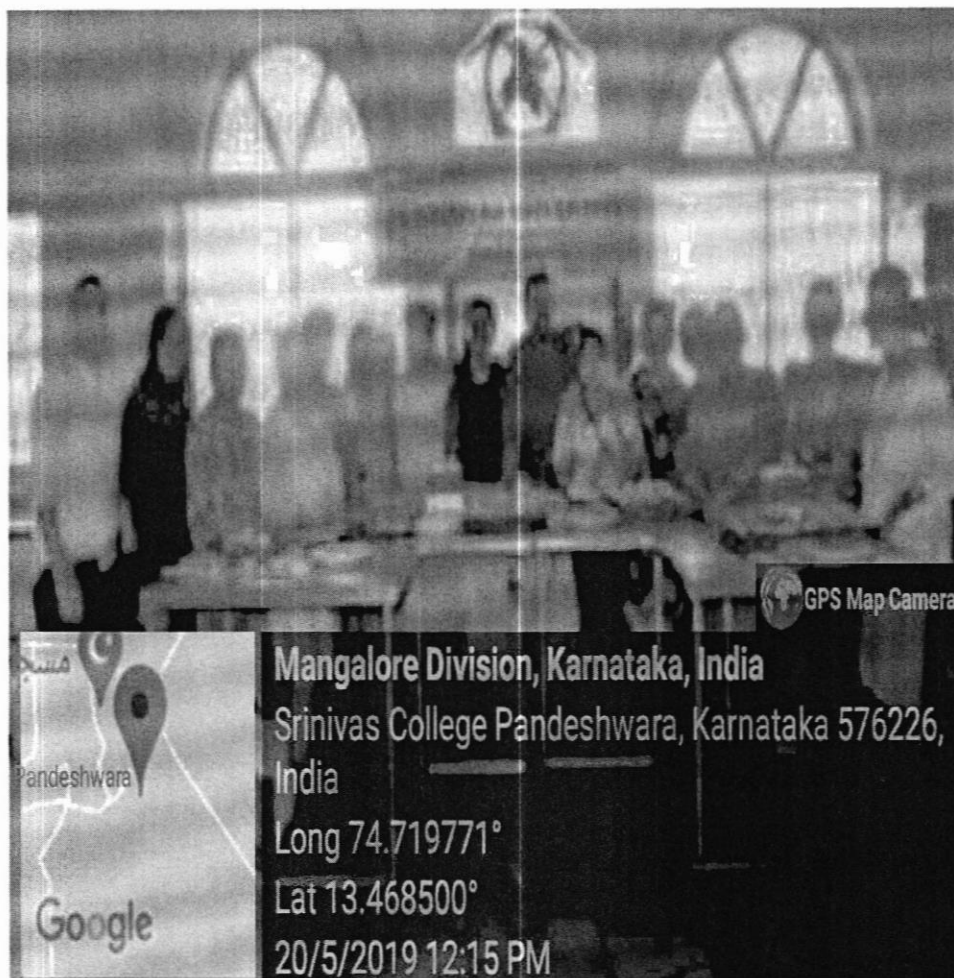
22) Home Baking workshop for ladies by College of hotel management and tourism 30 STUDENTS.20-05-2019

The "Empowering Women Through Home Baking" workshop was organized with the objective of providing practical skills, knowledge, and empowerment opportunities for women in our community. The workshop aimed to equip participants with the fundamentals of baking, foster entrepreneurship, and promote self-reliance. Organized by Srinivas University collaboration with NSS local partners, the workshop targeted women of all ages and backgrounds who were interested in learning the art and science of baking.

The "Empowering Women Through Home Baking" workshop has been a meaningful and impactful endeavor, providing women with valuable skills, opportunities, and inspiration. By fostering entrepreneurship, promoting healthy living, and building community connections,

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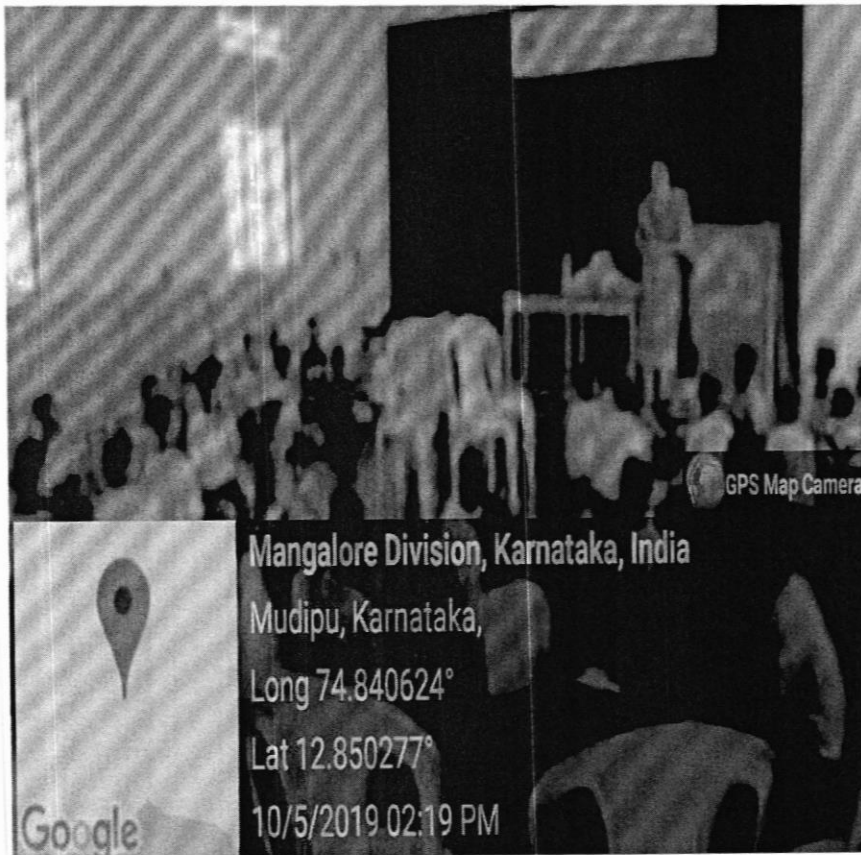
the workshop has contributed to the empowerment and enrichment of women's lives. As participants continue their baking journeys, we are confident that they will not only delight in creating delicious treats but also thrive as empowered individuals and entrepreneurs in their communities.



23) Soft skill training for Children 10-5-2019 20 STUDENTS

Soft skills training program for children was designed to equip young learners with essential life skills that are critical for personal development, academic success, and future career readiness. Recognizing the importance of soft skills such as communication, teamwork, problem-solving, and emotional intelligence, the program aimed to provide a structured and interactive learning environment where children could cultivate these abilities in a supportive and engaging setting.

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24) Blood Donation camp 10-7-2018 25 STUDENTS

Blood donation camp was organized with the aim of addressing the critical shortage of blood supplies in our community and saving lives through voluntary blood donations. Hosted by Srinivas Engineering college in collaboration with NSS in collaboration with local healthcare institutions and blood banks, the camp provided an opportunity for individuals to contribute to the noble cause of blood donation and support patients in need of lifesaving transfusions.



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25) Vanamahotsava programme by Inurture students 29-06-2019 24 STUDENTS

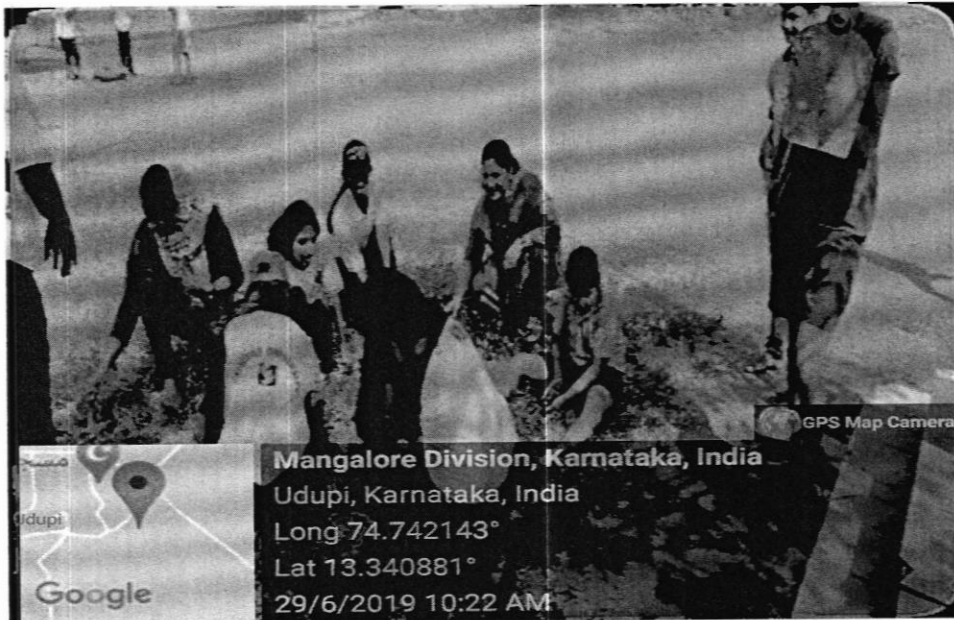
The Vanamahotsava program aims to raise awareness about the significance of trees and forests in maintaining ecological balance, mitigating climate change, conserving biodiversity, and enhancing the overall quality of life.

College of Social Sciences and Humanities, Srinivas University in connection with 'Unnat Bharat Abhiyan' organised 'Vanamahotsava Programme', Mangaluru taluk, Karnataka on. Shri. Shreedhara, Forest Ranger, Mangalore Region inaugurated the programme by planting trees. Dr.LaveenaD'Mello, Dean, College of Social Sciences and Humanities, Srinivas University, Ms. Bhavishya, Faculty of the Department, Mr. Pradeep M.D. Coordinator, Unnat Bharat Abhiyan, Srinivas University were present in the programme.



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26) Career Guidance for High School Students

CAREER GUIDANCE PROGRAM

On 15-07-2018 One day workshop was organised for High school Children of Chaitanya High School Krishnapura ,Katipalla, surathkal. 30 Students participated in the Workshop. Dr. Vidya.N. from Srinivas university and Yogish Malligemadu Child Right activists and Mrs Sunitha Counsellor from Komalsparsh Counselling Consultancy were the Resource person for the Program an NSS Activity



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27) Awareness of Road safety

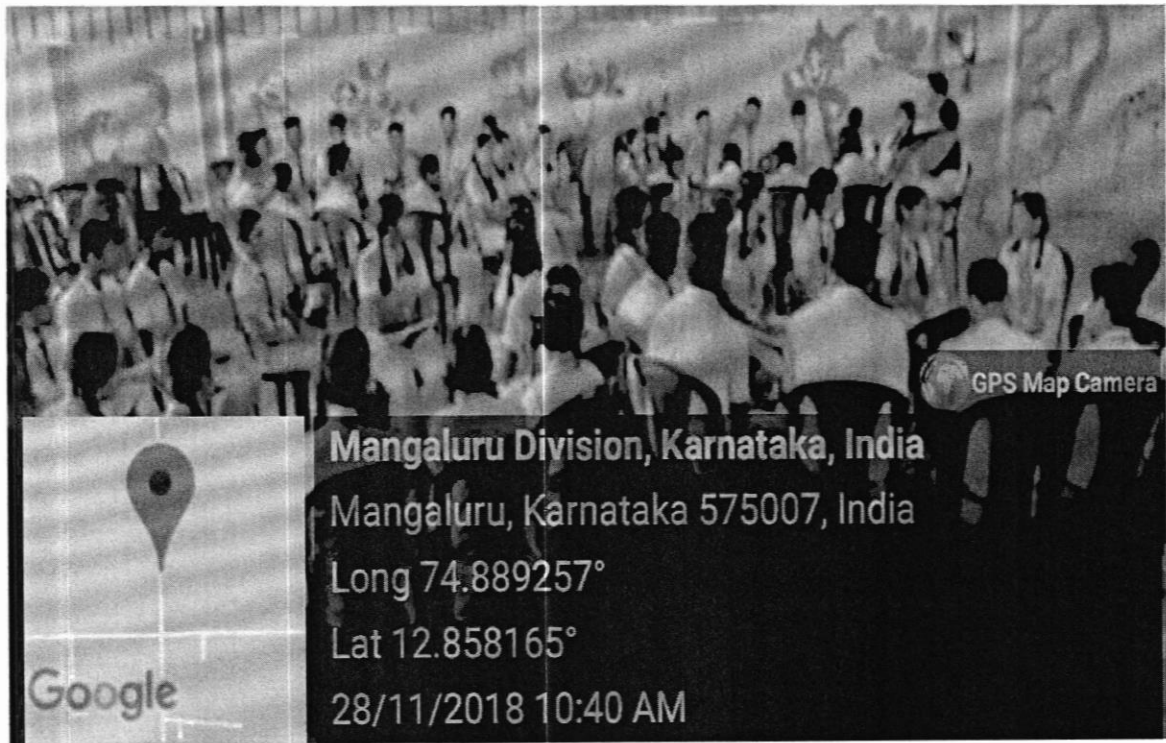
LIFE SKILL AND ROAD SAFETY

Srinivas Institute of Rural Reconstruction Agency (SIRRA) in collaboration with Unnat Bharat Abhiyan and NSS Srinivas University has organised "Life Skill and Road Safety Awareness Programme on 28th November , 2018 to the High School Children at Raj Academy CBSE School, Kaikamba, Mangalore, Dakshina Kannada District of Karnataka State, India. Mr. Shawn Fernandez, Bikers Association, Mangalore addressed about Road Safety. The Programme was Coordinated by Dr. Vidya N, Professor of College of Social Sciences and Humanities, Srinivas University.



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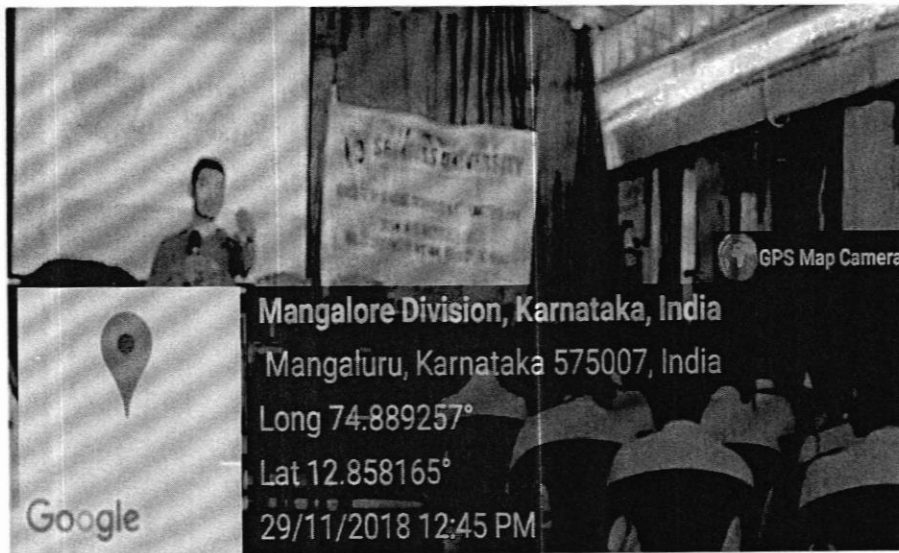
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29) Digital Literacy for Women 18- 11-2018 30 students

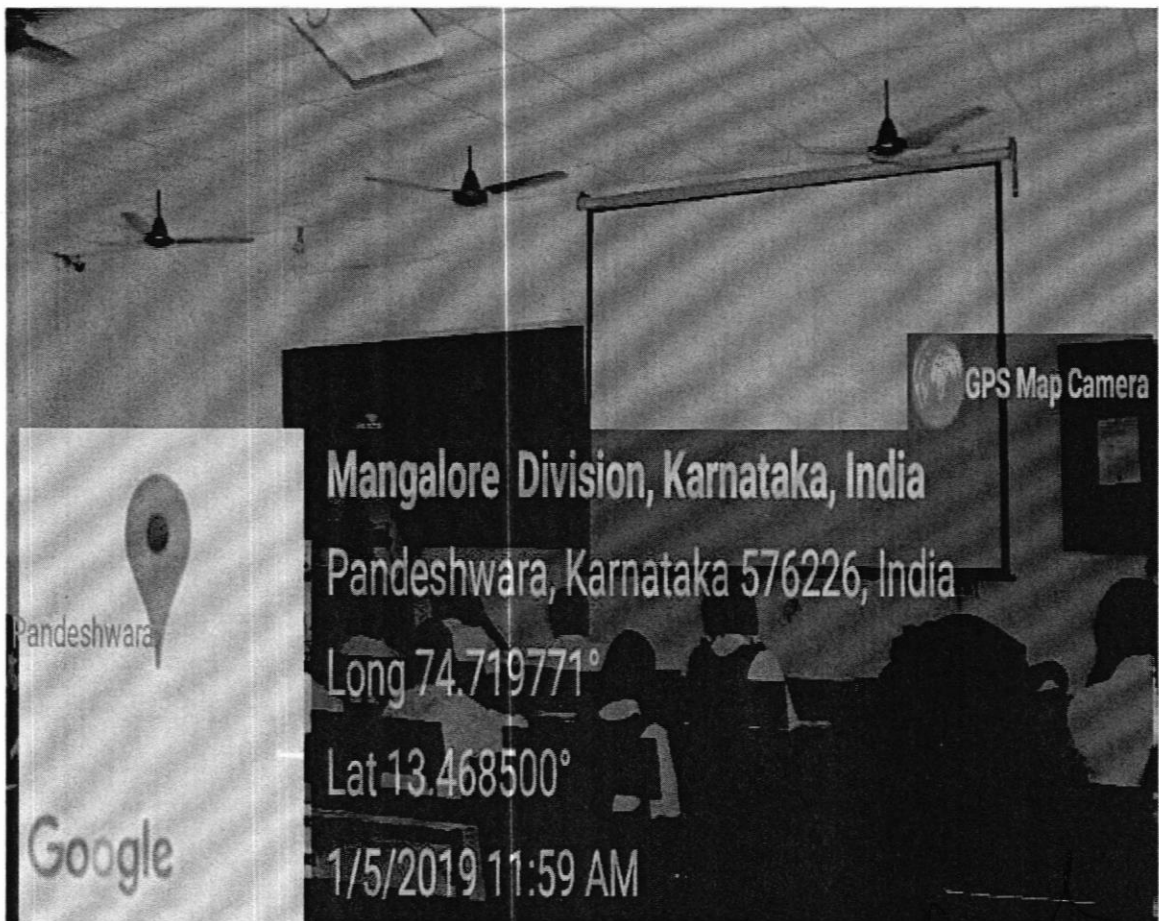
Digital Literacy for Women held on November 18th, 2018, aimed to bridge the digital divide and empower women with essential digital skills to thrive in today's technology-driven world. Organized by Srinivas University in collaboration with NSS, the workshop targeted women aged 18 and above from diverse socio-economic backgrounds, providing them with the knowledge and tools to navigate the digital landscape confidently.



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30) "Be Cyber Safe n Cyber Security Awareness organised on 1-5-2019 jointly by Srinivas University and NSS 20 students

The "Be Cyber Safe" cybersecurity awareness campaign aims to educate individuals, businesses, and organizations about the importance of cybersecurity practices and promote safe behavior online. In an increasingly digital world, where cyber threats are pervasive and evolving, raising awareness about cybersecurity is crucial to protecting sensitive information, maintaining privacy, and safeguarding against cyberattacks. This campaign seeks to empower participants with knowledge, skills, and resources to enhance their cybersecurity posture and mitigate cyber risks effectively.



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31) Session on Technological advantages for High school students on 8-10-2018 with 25 students

Technological Advantages" session for high school students was designed to introduce students to the myriad benefits and opportunities offered by technology in various aspects of their lives. In today's digital age, technology plays a pivotal role in education, career development, communication, and everyday activities. The session aimed to empower high school students with insights into how technology can enhance their learning experiences, expand their horizons, and prepare them for future success in a rapidly evolving world.

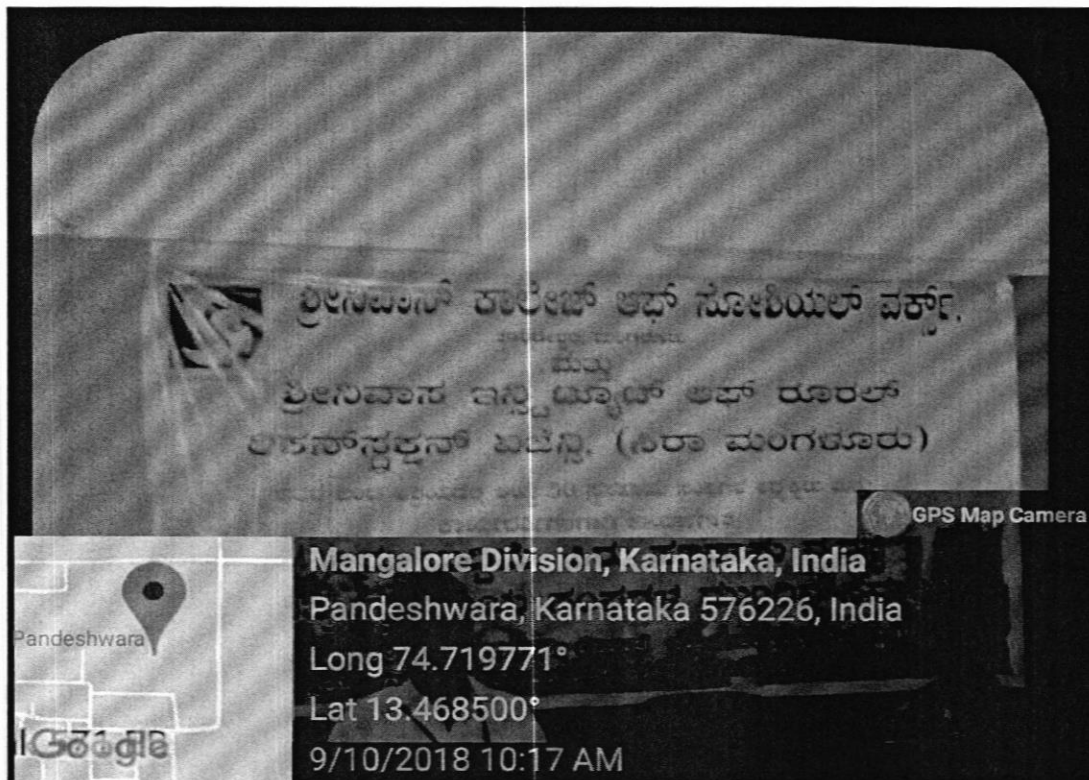


32) Investor Awareness programme in the programme for the women of rural area 9-10-2018 31 students

Awareness Programme" seeks to equip women in rural areas with the knowledge, skills, and confidence to make informed financial decisions and participate in investment opportunities. Recognizing the importance of financial literacy and empowerment in achieving economic independence and social progress, this programme aims to bridge the gap in financial education and empower rural women to build a secure and prosperous future for themselves and their families. Rural Women Through Investor Awareness Programme" has been instrumental in transforming the lives of rural women by equipping them with the knowledge, skills, and resources to achieve financial independence and prosperity. By promoting

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financial literacy, inclusion, and entrepreneurship, the programme has empowered rural women to overcome barriers, seize opportunities, and build brighter futures for themselves, their families, and their communities. As we continue our efforts to advance women's economic empowerment and financial inclusion, we remain committed to creating a more equitable and inclusive society where all women have the opportunity to thrive and succeed.



33) Cancer Awareness and Check-up camps 10-10-2018 23 students

"Cancer Awareness and Check-up Camps" initiative is aimed at raising awareness about cancer prevention, early detection, and treatment options, while providing accessible screening and diagnostic services to underserved communities. Cancer is a significant public health concern worldwide, and early detection plays a crucial role in improving treatment outcomes and saving lives. By organizing check-up camps, this initiative seeks to empower individuals with knowledge about cancer risk factors, symptoms, and preventive measures, while facilitating timely screenings for early detection and intervention. Cancer Awareness and Check-up Camps" initiative has been instrumental in advancing cancer prevention, early detection, and treatment access among underserved communities. By providing accessible screening services, raising awareness, and facilitating timely interventions, the initiative has

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contributed to saving lives and improving the quality of life for individuals affected by cancer. As we continue our efforts to address cancer disparities and promote health equity, we remain committed to empowering communities with knowledge, resources, and support to combat cancer and build healthier futures for all.



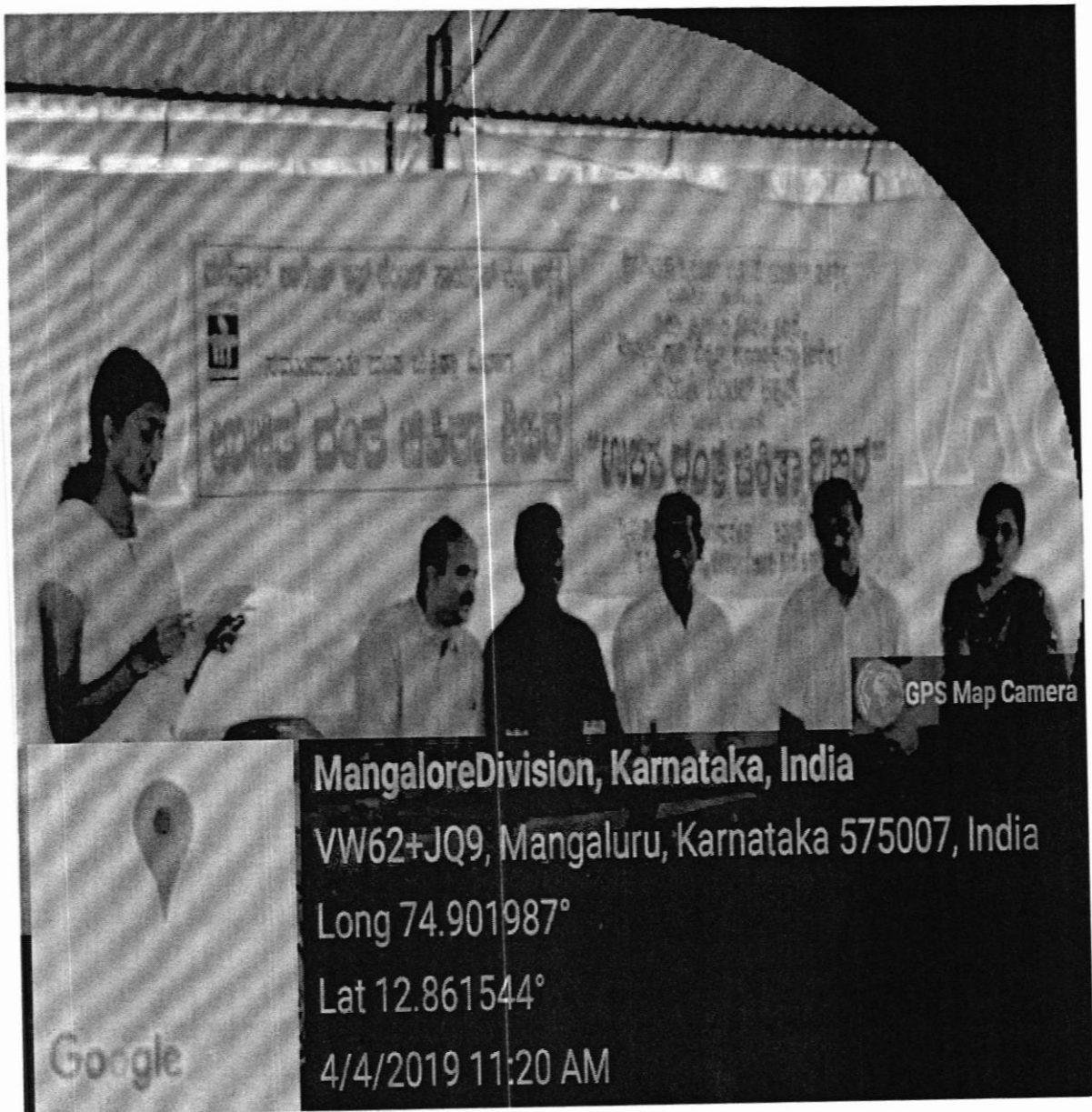
34) Dental Camp ON 4-4-2019 30 students Participated

Dental camp initiative is designed to promote oral health awareness, provide preventive dental care, and offer treatment services to underserved communities. Oral health is integral to overall well-being, yet access to dental care remains limited for many individuals, especially in rural and remote areas. By organizing dental camps, this initiative aims to address oral health disparities, empower individuals with knowledge about dental hygiene practices, and improve access to essential dental services for all.

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35) Rally organised by the Child Help Line

The students of Social Work Department participated in the Rally organised by the Child Help Line on 17th May, 2019 in celebration of International Child Help Line Day at Central Railway Station, Mangaluru. 20 students.



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36) Community Outreach Programme 50 students

For the pandemic situation our B.com & BBA students have involved themselves in the .distribution of kit in their area. Student volunteer Anandhu V, II BBA, Port Management were

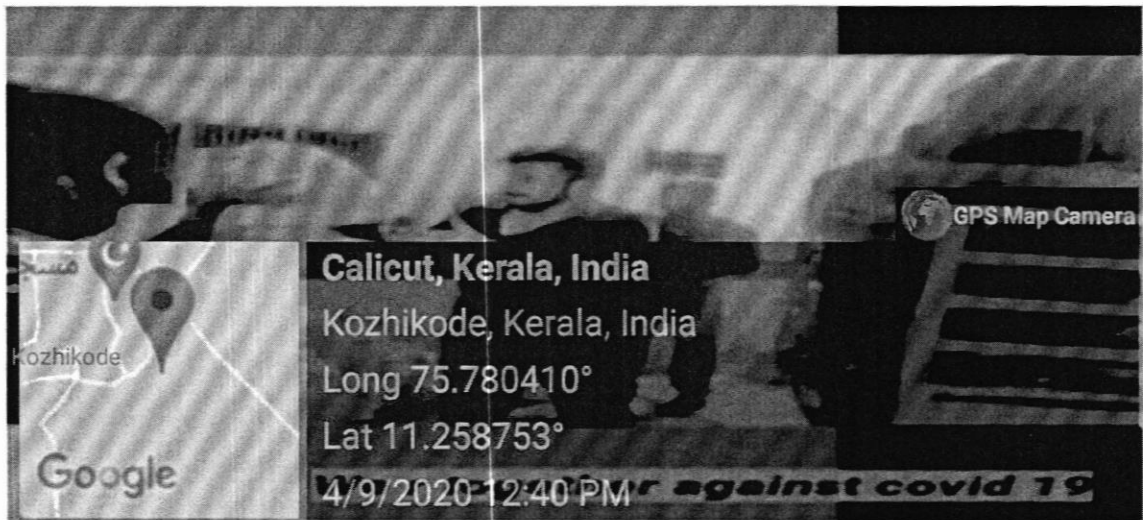
.actively participated in this program. The program was started from April 2020.

.Distribution of Rationkit 4/9/2020: Food kit was distributed to near and dear one's houses in nearby places of Calicut as part of care campaign. Sincere thanks to the donors and Calicut localities for being a part of this camp and making it a huge success.



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37) Awareness on Child Rights 14 -11-2019

On November 14, 2019, Srinivas University conducted a impactful Child Rights Awareness Program, demonstrating its commitment to social responsibility and education beyond academics. The program addressed key aspects of child rights through informative sessions, engaging discussions, and expert insights. With active participation from students, faculty, and community members, the initiative successfully heightened awareness and understanding of child rights, fostering a commitment to advocacy and protection.

